

Adult Orthodontics  
at



**BRUNSWICK  
DENTAL GROUP**  
ENHANCING YOUR SMILE

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**ADULT  
ORTHODONTICS**

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*Enjoy the enhanced appearance  
and self-confidence*



Dr Jim Yannopoulos  
Brunswick Dental Group



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DENTAL GROUP**  
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[www.bdg.net.au](http://www.bdg.net.au)



Orthodontic treatment has ceased being the sole domain of children as adults are increasingly choosing to correct problems such as misaligned teeth and associated problems. Problems stemming from childhood are solved to finally achieve the smile that patients always desired to have. Orthodontic treatment as an adult will improve your current oral health situation and see you enjoying the benefits of your natural teeth as you age.

There are many benefits associated with having orthodontic treatment as an adult.

The enhanced appearance and self-confidence of having beautifully straightened teeth is only the beginning. Other benefits of having orthodontic care at Brunswick Dental Group are:

- Correct crooked teeth and close gaps
- Improve the ability to effectively clean and maintain a healthy mouth
- Reduction of tooth wear and grinding due to a balanced occlusion (bite)
- In preparation for restorative dentistry such as implants or bridges
- To resolve muscle/joint tension and pain associated with malocclusion (unbalanced bite)

People tend to forget that we are given only one set of functioning adult teeth and although there are replacement options, nothing comes close in comparison as maintaining your own strong healthy teeth.



Gone are the days when uninformed patients choose to opt for tooth removal rather than restoration and straightening of teeth when dealing with misaligned or failing teeth.



Living with gaps following tooth removal leads to over eruption and drifting of opposing and neighbouring teeth. The adjacent teeth suffer with excessive wear.

A commitment to orthodontics in adult life is the decision to empower yourself and take charge of your future. It gives you the best opportunity to maintain a healthy, functioning mouth and to consume all the foods necessary to give you the strength and essential nutrients to live a long, confident, independent and healthy life.



## WHAT ADULT ORTHODONTICS INVOLVES

Orthodontic treatment specialises in the diagnosis, prevention and treatment of dental and facial irregularities.

To properly assess your suitability for orthodontic treatment we first must fully understand your current oral situation and your oral care routine. The Brunswick Dental Group team will spend time with you discussing your concerns and garner an understanding of any pain or functional problems that you may have. Following a detailed diagnostic process, which includes a radiographic assessment, our qualified team will study the best possible treatment to provide you with your desired outcome.

Once treatment commences, rest assured that we will keep you informed at every stage about your progress and your oral health.

We fully appreciate how aesthetics is an important consideration for adults when it comes to deciding whether or not to proceed with orthodontic treatment. We also ensure your orthodontic appliances are easy to maintain and clean, offer aesthetically pleasing results and our comfortable to wear and function with. Our aim is to fully inform you about what lies ahead if you continue in your current non treated situation. We firmly believe that with informed knowledge about the benefits for your individual self, you will be in a stronger position to make your decision.

