

at Partial Dentures



**BRUNSWICK  
DENTAL GROUP**  
ENHANCING YOUR SMILE

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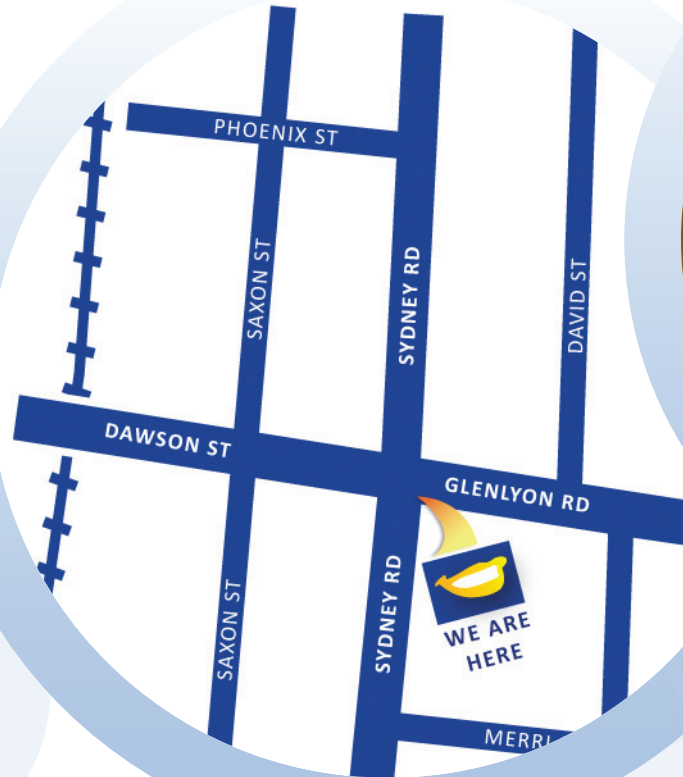
**PARTIAL  
DENTURES**

Telephone - 03 9380 1305

*Creating smiles that look, feel  
and function great*



Dr Jim Yannopoulos  
Brunswick Dental Group



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## WHAT ARE THEY?

Partial dentures are removable false teeth that are attached to either plastic or metal, also known as cobalt chrome (which offers a much better fit and possess more strength with a thinner base). Dentures effectively enable you to have a functioning and aesthetically pleasing smile if you have lost one or more teeth, known as edentulism. Metal clips that wrap around to the front of your remaining teeth may also be used to add extra retention, basically securing them into place.

## BENEFITS OF DENTURES

Dentures help patients in a few important ways.

- **Improved mastication** (chewing) - Dentures improve the ability for the wearer to chew by replacing the edentulous area with acrylic teeth.
- **Ease** - A major benefit of having partial dentures are that it is a relatively easy procedure for patients to go through as there is little tooth preparation involved.
- **Aesthetic** - The aesthetic look of replacing gaps in your smile with a tooth-like product can give a sense of confidence that had previously been lost. They provide support for the lips and cheeks, and correct the collapsed appearance commonly seen between the nose and the chin.



- **Phonetic** – By replacing the edentulous area, especially the front teeth with a denture, it will help patients to speak more clearly and pronounce certain words properly without air escapes.



- **Cost** – Dentures are at a comparatively low cost when judged against other options such as dental implants and bridges.

## WHAT TO EXPECT WITH PARTIAL DENTURES

There are some important considerations when contemplating whether a partial denture is the correct choice for you. Points to consider are:

- **First few weeks** – During this initial stage, new dentures always feel foreign when placed in the mouth. Several days or weeks are needed to become fully adjusted to them.
- **Sore spots** – Your mouth will most likely develop a few sore spots within 24 hours of fitting your new partial denture. An initial readjustment appointment should be made closely followed by another about one week later. This will usually eliminate any sore areas.
- **Chewing** – Your new occlusion (bite) will not feel comfortable for a few days. Brunswick Dental dentists will adjust the connecting surfaces of your teeth after 24 hours, and then again about one week later, or until the dentures have 'settled' into place.

- **Don't 'overwork' your dentures** – The dentures are artificial. Learn to use your new teeth slowly. No-one can teach you how to wear dentures; it takes time and patience to find the best technique for you.
- **Talking and eating** – This is often difficult at first. Your mouth will produce more saliva and your tongue will feel boxed in. Don't try to eat difficult foods such as a juicy steak or corn on the cob at first. Gradually introduce these more difficult foods and try to avoid sticky foods.
- **Loose** – When your denture becomes loose (this is your mouth and bone changing, not your denture) we strongly advise you to avoid chemist denture liners since they can cause irreparable damage to your mouth. If your denture should crack or chip, contact us because we are usually able to repair it.
- **Cleaning** – Be sure to clean your denture with a soft bristled toothbrush and toothpaste daily. Remember to brush your gums and any remaining teeth to remove plaque. You may choose either to leave your dentures in or out of your mouth at night. If left out, you should leave them in a water and mouth rinse solution.

It's important to realise that your jawbones and gums shrink yearly when you are missing teeth. Because of this you should plan to have your dentures and surrounding soft tissue examined every six months. At Brunswick Dental Group, we are committed to assisting you in maintaining your denture and optimum oral health.

